Nature at home

Experience the magic of Forest School from home!

Leaf Rubbing

Explore the texture of different leaves and see what beautiful patterns they make. Have a go at identifying some common trees from their leaves.

While out on your walk, collect some different tree leaves from the ground. You could also try house plant leaves, or even vegetable or salad leaves from your kitchen.

Step





Spread your leaves out on the clipboard or flat surface. Make sure they don't overlap. Lay your piece of paper on top. (If you're not using a clipboard, you may need an extra pair of hands to hold it still).

Lay a crayon on it's side and rub all over your piece of paper. You may need to press quite hard. The pattern of the leaves will appear.

Make your own designs and see if you can identify any of the leaves.

Step Three



Use this guide to identify leaves

from some common trees.











- Coloured stick crayons
- Plain thin paper
- Clipboard or something to lean on (e.g. a thick book or table).