

Westminster and Kensington and Chelsea Health and Wellbeing Strategy

2023-2033

Healthier and happier Lives



City of Westminster



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA



North West London



North West London
Integrated Care System

Health and Wellbeing Strategy



The Health and Wellbeing Strategy is a ten year plan (2023 – 2033)



The plan will help us:



Understand how to support people's health



Understand where health and wellbeing services can be made better



Help people to get the right services to look after their health

How did we make the Plan?



We talked to people who live and work in the councils at events



We sent out surveys for people to give feedback



We read the reports and Council Plans to understand what people want



We worked with people to understand what needs to be in the Plan

10 aims to help people to be healthier and happier



We listened to what people said and wrote the 10-year plan



In the plan we have 10 aims that will help us make sure people get the right support to be healthy



The aims will help us to make sure we are following the plan

1

Children and young people are healthy, safe and happy

The councils will make sure:



Children up to 5 years of age get the right support



Children have support for mental health as much as for physical health



Young people have good support when moving from children's services to adults services



Children and young people feel safe at home, online and in the community

2

We will be active to keep healthy

The councils will make sure people understand how to look after their health by:



Getting the right tests and support to know more about their health



Understanding cigarettes and alcohol are not good for the health

2

We will be active to keep healthy

The councils will make sure:



Schools, local businesses and the community settings offer activities for people to stay active



There is information on Sexual Health



There are fewer number of people affected by drugs

3

We will help people to look after their mental health



The councils will make sure:



Schools talk to children and young people about mental health and offer counselling for those who need help



Activities are offered in the community for people to use



Those with serious mental health conditions get the right support easily

4

We have a good quality home

The councils will:



Make sure all single people, families, those with disabilities and older people have a good quality home



Spend money to make council housing safe and secure



Build new housing and neighbourhood plans to help people living independently



Make sure homeless people are offered placements and support

5

We feel safe and a part of the community

The councils will:



Help people connect with their community and services



Bring down cases of crime like gang and knife crime



Make sure children, women and those who are vulnerable are safe



Support asylum seekers and refugees to get support from community services

6

Our councils are greener



Air pollution is a big problem in both councils.



We will have more green spaces.



We will have new routes for those on foot or bike.



We will spend to make the green spaces better and easier to use by all.

7

We get the best services when and where we need



The councils will:



Listen to the communities and design services to make sure people have the support when they need it.



Offer Local community organisations who can help people to connect with services they need.



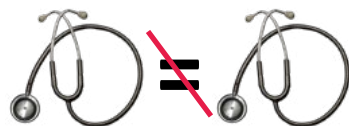
Support unpaid carers who care for their loved ones.



Make sure staff have the right training and support to be able to offer the best services.

8

We are all treated the same and can have a say on how we want to get help



Health services offered in the two councils are not the same.



This makes the system unfair.



We want to make health services easier to use for everyone.



We will make sure people can speak up about how they want services to be made better.

9

We all have enough money and job opportunities



The councils will:



Make sure people get the right benefits, jobs and support to manage money.



Offer training, voluntary work and apprenticeships to make it easier for people to get jobs.



Offer training to businesses and employers and support them to do well.

10

We get the support to stay independent

The councils will offer:



Support to those with dementia, learning disabilities and autism to continue to live independently in the community.



Local services for people to get help at home.



Digital devices such as the alarm pendants to ask for help in an emergency.



What happens next?



We will have a list of actions to follow.



The Health and Wellbeing Board will make sure that the Councils are following the Plan.

**Making our
boroughs fairer and
better places for
people to live.**

Westminster

Kensington
and Chelsea

