



THE ROYAL BOROUGH OF  
KENSINGTON  
AND CHELSEA



City of Westminster

**Plans**



# The Big Plan: Bi-Borough Support for Adults with a Learning Disability

## 2018 to 2021



# We are the Bi-borough Learning Disability Partnership Board Reps





People with learning disabilities elected us so that we could speak up and have our say.



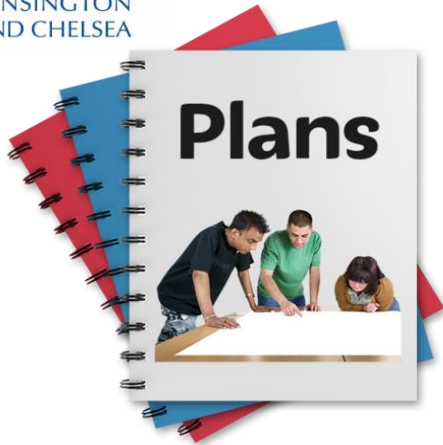
We work in partnership with Council and Health officers to make sure people with learning disabilities are listened to and are included in planning services.



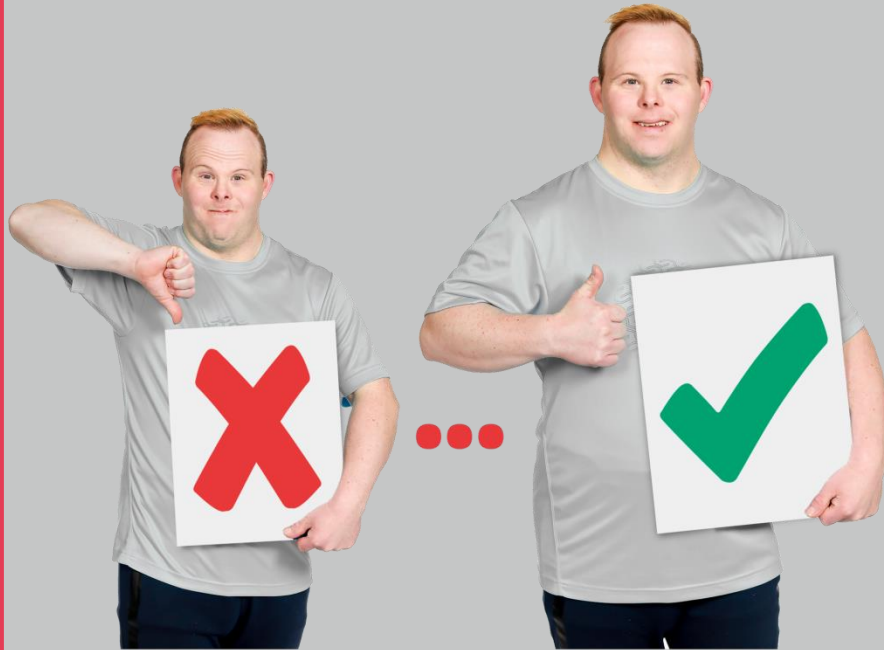
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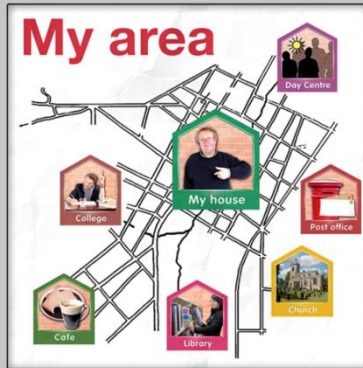
We would like to tell  
you about all the ideas  
in the **Big Plan**.



**What needs to get better?**



- Planning Together (Co-production)
- Getting healthy, staying healthy
- Making my home my own



- Being part of the community
- Support to become an independent adult
- Good support for parents and family carers







## **Planning Together (Co-production)**



- Being clear about what Co-production means
- Talk about changes that can make things better



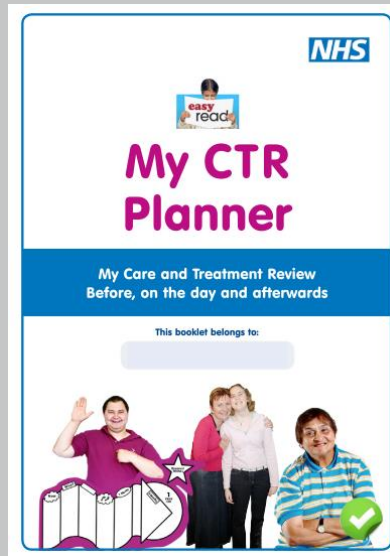
- Tell us what you do with our feedback
- Include people with higher needs in planning their support



**Getting healthy,  
staying healthy**



- Healthcare should be easier to use
- Doctors and nurses need to make sure we understand what they tell us



- Access to mental health services when we need them
- Making sure annual health checks happen for all
- Health Action Plans need to be made and used





**Making my home my  
own**



- Choosing where I live
- Support to understand my choices

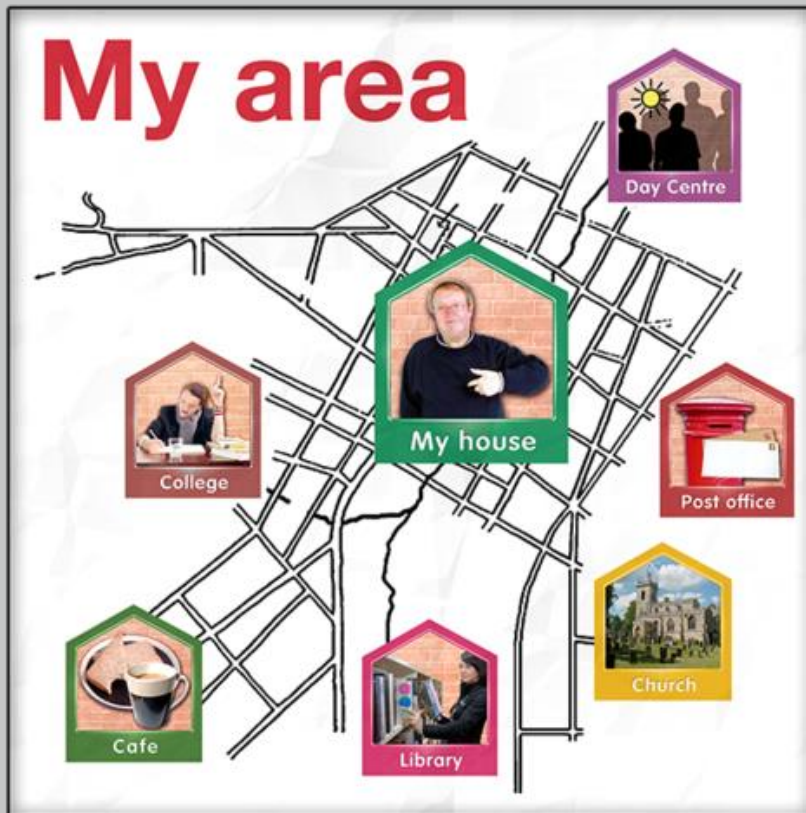




- The neighbourhood needs to feel safe and secure
- Support to understand my tenancy agreement



# My area



**Being part of the  
community**



- Include us, make your services accessible
- Support our independence. We need safe places in the community where we can go if we are worried or scared



- We need support to make the most of our evenings and weekends



- We want support with our relationships – friendships, sexual health and coping with death



**Support to become an independent adult**



- Help young people to understand their choices before they move into adult services



- Support young people so they learn the skills they need to be independent



- Support young people to think about jobs they would like to do in the future
- Young people need support to have a social life as they become adults





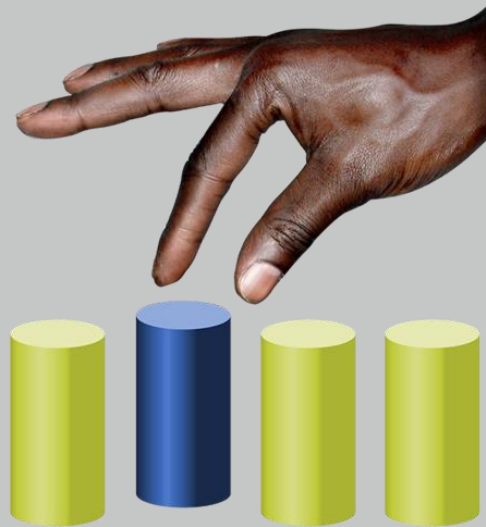
**Good support for  
parents and family  
carers**





- Parents and family carers need help with caring for others
- They need support with their own health and wellbeing





- Help parents and carers to support us in making choices about who gives us support
- Having breaks helps us and our families. We need more choice with the type of breaks that we can take
- Sometimes, we need support quickly. This needs to be available. It helps us and our families.



**Making things better**



- Support should be person centred
- Support should help people to be independent
- Health and Social Care need to work together better



- Safeguarding should be important to everyone
- All support should be the best
- Better choice of support

thank you



Thank you for  
listening to us